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APRIL 2015

April 6, 2015

The spring training started as soon as we arrived on campus, back in January. Our women had a long and relaxing winter break, and we were ready to start. Conditioning sessions, weight lifting, and on court skill training were the common norm for almost three months. We saw great improvement, but even better, I saw commitment, dedication and a strong resolve to get better. I am proud of this group and how hard they work, Jerry Shreck, - I know many of you remember him- often says that this group is a very hard working- and believe me when I say- Jerry does not give compliments very often.

We blinked and spring break was here- and let me just say- our women are great travel planners! Almost all of them left for warmer destinations and enjoyed some R&R. As for us coaches, we went recruiting. And, as we piece together our 2020 class and start planning ahead for our 2021 and 2022 classes- I need to THANK YOU for your support- ALL of our recruiting budget comes out of fundraising and we spend that very, very wisely.

So, what's next? April is a month full of very important dates! We will have two tournaments, and the day of giving and our Alumni weekend!

April 11th- Home Tournament - Cornell, Lock Haven and Susquehanna will be here for a full day of volleyball.

April 18th- UPenn Spring Tournament- we will make the trip to Philadelphia and will play some great competition as well.

April 23rd- Day of GIVING- More to come!

April 25th- Alumni Match- the day after Chrysalis and during Arts Festival Weekend in Lewisburg- COME JOIN US!

AND don't forget our Spring Receptions in May!!

Look forward to hearing from you!

- Anna





Kristen Parks '17

I was honored to travel to the Dominican Republic with a group of 20 Bucknell students and faculty this past spring break. Through the international organization B.A.C.E.S. (Bucknell Advancing Communities by Educating and Serving), the trip was grounded in service work centered around the city of Mendoza. Each day involved a new project--we did construction work, cultivated agricultural land, built solar drying panels, hosted medical clinics, and organized local sports

games. A truly life-changing experience, I witnessed the devastating effects poverty has on the country's education, health, and social institutions. I realized the deep importance of community in these types of environments. I observed people working hard, despite the daily setbacks they encounter like the struggle to find clean drinking water. I experienced acceptance and felt welcomed when entering family homes or small villages. Most importantly, though, I saw people. The Dominicans are like any other group of individuals--they feel deeply, they fear, and they love. I learned that human nature is universal, even across the world. My experience in the beautiful land of Mendoza was simply incredible, and each day I'm inspired by the people of the Dominican Republic. My time there has made me realize my global responsibility, enabling me to understand that "my duties to mankind do not end at my borders."



a day in the life...

KATIE PRICE '16

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| <p>7:45am — My alarm goes off after a long and restless night of studying. I have an accounting exam this evening and can hardly step out of my bed before resuming to thoughts of accruals, deferrals, interest expense and financial statements</p> <p>8:30am — Quickly grab my morning coffee in 7th Street Café and head off to my 8:30 class- Arabic Culture</p> <p>10:00am — I head over to the LC and read the New York Times—dissecting and analyzing the daily international and domestic news</p> <p>11:00am — I head downstairs to the Women's Resource Center for my weekly Panhellenic Executive Board meeting—but fear not, for the anxiety of balance sheets and income statements are still ever vibrant in my head</p> <p>2:00pm — I stroll to my Accounting & Financial Management class where we frantically review all of the information before our evening exam</p> | <p>3:45pm — I head to the gym, where my teammates are ready to engage in an hour-long lift and an hour and a half of intense practice. After we get taped up in the training room and get a good sweat going in warm-ups, practice is underway!</p> <p>6:15pm — Back up in the locker room to change into my "street clothes" as my teammates are calming me down and wishing me luck on my upcoming exam. I run frantically back to the LC to cram in a bite to eat and as much Finance information into my brain as possible.</p> <p>7:00pm — Exam Time!</p> <p>10:00pm — I finish my three-hour exam and I am relieved to finish the evening doing homework with my teammates in the library</p> <p>12:30am — Head back to my dorm room and go to bed. It is entirely overwhelming to be a student-athlete with many important commitments, but having the constant support of my team is ever comforting and humbling.</p> |
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Bison Volleyball

2015 Schedule



August

28th TBA @ Central Conn. State
 28th TBA NJIT @ CCSU
 29th TBA Fairfield @CCSU

September

4th TBA @ Sacred Heart
 5th TBA Hartford @ Sacred Heart
 5th TBA Brown @ Sacred Heart
 11th TBA @ Marist
 12th TBA LaSalle @ Marist
 12th TBA Bryant @ Marist
 18th 7:00 pm Colgate*
 19th 12:30 pm Delaware State
 19th 5:30 pm Providence
 25th 7:00 pm Navy*
 26th 5:00 pm American*

October

2nd 7:00 pm Lehigh*
 3rd 4:00 pm @ Lafayette*
 6th 7:00pm NJIT
 9th 7:00 pm Loyola Maryland*
 12th 6:00 pm @ Colgate*
 16th 7:00 pm @ Holy Cross*
 17th 4:00 pm @ Army*
 23rd 7:00 pm @ American*
 24th 4:00 pm @ Navy*
 30th 7:00 pm Lafayette*
 31st 4:00 pm @ Lehigh*

November

7th 4:00 pm @ Loyola*
 13th 7:00 pm Army*
 14th 4:00 pm Holy Cross*
 21st TBA PL Tournament (TBD)
 22nd TBA PL Tournament (TBD)



BUVB ran a series of youth and high school clinics this spring. In total, there were over 50 clinic attendees ranging from 5th to 12th graders. Our goal was to grow the game of volleyball in Central PA, since most middle and high schools in the area don't offer volleyball as a sport. Our women had a blast working with the kids and look forward to having the clinics yearly!





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